



Members of the Red Storm Drum and Dance Troupe are joined by attendees at last year's Pow Wow. Photo by Holly Toal.

Annual Pow Wow is Aug. 15 & 16

The 15th annual Daniel Nimham Intertribal Pow Wow will take place Saturday and Sunday, Aug. 15 and 16 from 10 a.m. to 6 p.m. at Putnam County Veterans Memorial Park on Gypsy Trail Road in Carmel/Kent. Parking and admission are free, but donations will be accepted and go toward the Wounded Warrior Project.

Hosted by the Nimham Mountain Singers and Red Storm Drum and Dance Troupe, the event also will feature music by Grammy/Nammy Award-winning flutist Joseph Firecrow, a Skyhunters in Flight Birds of Prey presentation, native dancing, food, storytelling and children's programs, a peek inside a teepee, representatives

from 100.7 WHUD, and arts and crafts vendors selling jewelry, toys, purses and other traditional wares. This year will also feature the first Hand Drum Competition with a cash prize Saturday at 7 p.m. There is a \$10 entry fee. For more information, visit www.nimham.com or call 845-225-8154.



"Restless Beauty" by Lynda O'Connor, oil mixed-media on panel and wood.

Works by Linda O'Connor on Display

Multi-media artist Lynda O'Connor brings her talent to Studio Around the Corner in Brewster for the month of August. Studio hours for "All the Ghosts Are in the Trees" will take place from noon to 2 p.m. Saturdays, Aug. 15, 22 and 29.

O'Connor studied fine arts at FIT, where she was awarded a scholarship, and continued her studies at SUNY Purchase, SUNY Potsdam and the Silvermine School of Art.

Experimenting with diverse materials, she focuses on dichotomy: strength/vulnerability, past/present, ancient/new and raw/refined, to create works that convey

what is most significant in her inner and outer world.

"Whether abstract or representational, what I aim for is emotional resonance: to connect with the viewer through my work," she said.

O'Connor's work has been exhibited extensively and is in private collections. This is her first solo exhibit at Studio Around the Corner. As part of the studio's ongoing Young Artists Series, works by Isabel Perez will also be on view.

Studio Around the Corner is located at 67 Main St., Suite 101, Brewster. For more information, call 845-363-8330, visit www.oththeater.org or "like" the theater on Facebook.

Good Vision Helps

Children Excel in School

(Family Features) With children heading back to school soon, parents' to-do lists keep getting longer – shopping for clothes, shoes and supplies, going to the doctor for yearly physicals or checkups, and making appointments at the dentist, among other things.

What is easily forgotten or put off is a yearly eye exam. According to a survey conducted by KRC Research on behalf of Think About Your Eyes, about 60 percent of parents do not consider eye exams as a necessary part of children's health checkup schedules. However, skipping these exams means children run the risk of being unprepared for school with an undiagnosed vision problem.

While a cough or hurt ankle might trigger you to take your child to the doctor without hesitation, eye problems are difficult to notice without proactive measures. In fact, 84 percent of parents in the same survey admitted they wait for a child to complain of a vision issue before taking them in for an eye exam.

Children, however – especially those who have had vision problems for an extended amount of time – aren't always able to recognize the problem themselves. Although some schools perform yearly vision screenings, it is important for parents to know these tests only gauge a child's ability to see at a distance. A full vision screening from an eye care professional is needed to evaluate how well a child's eyes function and how well they focus on items closer to the face. With increased up-close reading, such as that required when using a computer, this information is becoming more critical.

The American Optometric Association estimates that as much as 80 percent of what children learn – reading, writing, computer work and day-to-day observation – happens through sight, so it's more important now than ever to have children tested by an optometrist. According to the AOA, by age 6, children should receive at least three eye exams.

Cold Spring Lady is Second Arrested

in Animal

Cruelty Case

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of torturing, killing or failing to provide sustenance to an animal to a felony, if convicted within five years from the date of a prior conviction. The measure passed with overwhelming support, 61-1.

"Animal cruelty is a key in-

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Constituents are encouraged to sign the petition to show their support for the animal rights legislative package, at www.nysenate.gov/webform/join-senator-murphy-s-fight-protect-our-pets.